

transfer, you may fax this form to Midwifery Today. You may also register by phone or e-mail. (Do not send credit card details by e-mail.) Use the addresses and telephone numbers in this flyer.

3. Registration by post, phone, fax, or e-mail must be received in office at Midwifery Today no later than **10 October 2019**. If you cannot submit your registration and payment early enough for it to be received by this deadline, please register online or at the conference.

#### Conference Location

The conference will be held at Duinse Polders, a beautiful retreat site with good food and a lovely ambiance.

#### Duinse Polders

A. Ruzettelaan 195  
8370 Blankenberge, Belgium

#### Overnight Accommodation at Duinse Polders

Booking accommodation at the conference venue is through Midwifery Today and is open through **10 October 2019**. You may book and pay at the time you register for the conference or at a later time. After 10 October please check with the hotel directly for availability. There is no requirement that you stay at Duinse Polders to attend the conference.

See price and rooming options on the attached registration form. Price includes breakfast, hot lunch, cold dinner, and overnight stay. Each room has a private bathroom with shower, washbasin, and toilet.

#### Accommodation Cancellation

The deadline to cancel your room reservation is **16 October 2019**. A penalty of 10% will be deducted from your refund. No refunds will be given for accommodations cancelled after 16 October 2019. Please note: The deadline for *registration cancellation* is 2 September. There are no refunds of conference fees after that date.

#### Continuing Education

A certificate of attendance will be provided to each participant. No U.S. CEUs will be provided.

#### Disclaimer

Midwifery Today, Inc., cannot be held responsible for natural disasters, labor strikes, acts of war, or other events that may cause the conference to be rescheduled. Midwifery Today, Inc., reserves the right to postpone the conference to another time, date, and, if necessary, location. In the event of a conference postponement no refunds will be issued. Registrants may transfer their fees toward any other Midwifery Today conference.

Midwifery Today, Inc., reserves the right to substitute teachers and/or classes. The views and opinions expressed by teachers are their own and may not represent the views and opinions held by Midwifery Today, Inc., and its staff members.

#### Program Changes

Speakers, classes, or other details may change. For the most up-to-date information, please visit: [midwiferytoday.com/conferences/belgium-conference-2019/gc-2019-updates](http://midwiferytoday.com/conferences/belgium-conference-2019/gc-2019-updates)

[midwiferytoday.com/conference/belgium-conference-2019](http://midwiferytoday.com/conference/belgium-conference-2019)

# Midwifery Today Conference



**30 October – 3 November 2019**  
**Blankenberge, Belgium**

*“Creating a Better Future for Birth”*



**Our Amazing Belgium Teachers:** Debra Pascali-Bonaro, Dianne Garland, Elizabeth Davis, Eneyda Spradlin-Ramos, Gail Hart, Jan Tritten, Jennifer Walker, Johanna Honkanen, Mavis Kirkham, Michel Odent, Mirjam de Keizer, Sally Kelly, Thea Van Tuyl, Tine Greve, and Vijaya Krishnan

#### Student Discount Available

(See registration form.)

**Register online! For more information:**

[midwiferytoday.com/conference/belgium-conference-2019](http://midwiferytoday.com/conference/belgium-conference-2019)  
[facebook.com/midwiferytodayconferences](https://facebook.com/midwiferytodayconferences)

Photo by Vanessa Mendez—[vanessamendezphotography.com](http://vanessamendezphotography.com)



## COME to Blankenberge, Belgium

We are happy to be returning to Belgium. One especially nice thing about this venue is that those staying at Duinse Polders will all be together for delicious meals, which gives us an excellent opportunity to network. We all will be closer together for sharing insights, inspiration, and information.

Besides our array of excellent classes designed for all practitioners, we have some exciting evening events. Lara FairyLove Stockbridge will, with our help, put on her whole play, *Physiological Birth: The Musical!* We got a taste of it in Germany and it was so much fun. We all need fun with the seriousness of our profession! Speaking of seriousness, our other evening event will be a Summit Meeting to solve the problems in childbirth. There will also be the International Doula Meeting, which everyone is invited to attend. Come join us for the joy of uniting from as many as 40+ different countries. We are together in this beautiful thing called birth. Come, let's explore it collectively!



## Wednesday | 30 October 2019 | Pre-Conference

9:00 am – 5:00 pm • Choose one full-day class: A1 – A5

- A1 • Midwifery Skills, Part 1** — Johanna Honkanen, Gail Hart, Vijaya Krishnan, Mirjam de Keijzer, Thea van Tuyl, and Eneyda Spradlin-Ramos (Note: Two-part class, A1 and B1; you may sign up for one or both classes.)  
**Magic of Movement in Birth** — Johanna Honkanen  
**Fact and Fiction in Midwifery and Obstetrics** — Gail Hart  
**Helping a Slow Labor Progress** — Vijaya Krishnan  
**Empowering Couples for Birth** — Mirjam de Keijzer and Thea van Tuyl  
**Turning Fear into Trust in the Birthing Woman** — Eneyda Spradlin-Ramos
- A2 • Waterbirth Practice, Practicalities, and New Discoveries** — Dianne Garland
- A3 • Two half-day classes. (You must sign up for both.)**  
**Acupressure and Cupping for Birth Practitioners** — Tine Greve  
**Gua Sha for Pregnancy, Birth, and Relaxation** — Johanna Honkanen
- A4 • Two half-day classes. (You must sign up for both.)**  
**Eat, Promote, and Doula** — Debra Pascali-Bonaro  
**Implementing the International Childbirth Initiative** — Debra Pascali-Bonaro
- A5 • Healing Trauma for Birth Practitioners and Clients:**  
**New Tools to Explore** — Elizabeth Davis and Sally Kelly  
**Collaborative Care with Survivor Clients** — Sally Kelly  
**Supporting Women Survivors of Sexual Abuse in Childbirth** — Sally Kelly  
**Trauma and Transformation through Pregnancy and Birth** — Elizabeth Davis  
**Questions and Wrap Up** — Sally Kelly and Elizabeth Davis

5:30 pm – 7:00 pm • Open to all registrants

**Christian Midwives Meeting**—Eneyda Spradlin-Ramos, facilitator

## Thursday | 31 October 2019 | Pre-Conference

9:00 am – 5:00 pm • Choose one full-day class: B1 – B5

- B1 • Midwifery Skills, Part 2** — Gail Hart, Dianne Garland, and Eneyda Spradlin-Ramos (Note: Two-part class, A1 and B1; you may sign up for one or both classes.)  
**Shoulder Dystocia, Prevention, and Management** — Gail Hart  
**Waterbirth and Using Water in Labor** — Dianne Garland  
**Eyes and Non-verbal Communication** — Eneyda Spradlin-Ramos  
**Neonatal Resuscitation with the Placental Circulation Intact** — Gail Hart  
**Postpartum Care** — Gail Hart
- B2 • Rebozo Techniques and Practice** — Thea van Tuyl and Mirjam de Keijzer
- B3 • Birth, Breastfeeding, and Bonding: Does It Matter How We Are Born?** — Tine Greve
- B4 • Childbirth in the Scientific Context of 2019: One Thousand and One Possible Topics** — Michel Odent
- B5 • Spinning Babies Workshop** — Jennifer Walker, *Spinning Babies* Approved Trainer (Note: Due to space needs, class size is limited to 35.)

6:30 pm – 10:00 pm • All are welcome

**International Doula Meeting** — Debra Pascali-Bonaro, facilitator

## Friday | 1 November 2019 | Conference Day One

9:00 am – 10:00 am • Opening general session

**Creating a Better Future for Birth** — Jan Tritten, Eneyda Spradlin-Ramos, and Debra Pascali-Bonaro

10:00 am – 10:45 am General session

**The Importance of the Microbiome** — Michel Odent

10:45 am – 11:30 am General session

**Visions and Dreams for Birth Change** — Jan Tritten and Eneyda Spradlin-Ramos

1:00 pm – 2:30 pm • Concurrent sessions C1 through C4

- C1 • Why Is This Baby Breech?** — Jennifer Walker
  - C2 • Hemorrhage and Third Stage Difficulties** — Gail Hart and Tine Greve
  - C3 • Newborn Babies Need Love, Microbes, and Stress** — Michel Odent
  - C4 • Comfort Techniques for Midwives and Doulas** — Debra Pascali-Bonaro
- 2:45 pm – 4:15 pm • Concurrent sessions D1 through D4
- D1 • Midwifery as Preventive and Long-term Health Care** — Mavis Kirkham
  - D2 • Caring for Women with Trust, Intimacy, and Love in Loss** — Sally Kelly
  - D3 • Midwifery Education** — Elizabeth Davis
  - D4 • Malpresentations** — Gail Hart and Tine Greve

4:30 pm – 6:00 pm • General session

**Roundtables** (choose three)—All teachers

**The Business of Birth** | **Autonomy** | **Group B Strep** | **International Issues in Midwifery** | **Advancing Midwifery Care for Next Generation** | **Issues with Waterbirth** | **Tongue Tie** | **Dealing with Grief** | **Activism: From Passion and Challenge to Change** | **Evidence-based Practice and Research** | **Exercise in Pregnancy** | **Rebozo Practice**

7:30 pm – 10:00 pm • Open to all registrants

**Physiological Birth: The Musical!** — Lara FairyLove Stockbridge



Saturday | 2 November 2019 | Conference Day Two

9:00 am – 10:15 am • General session  
Technology as a Threat to the Normal Birth Process — Elizabeth Davis  
10:30 am – 12:00 pm • Concurrent sessions E1 through E4  
E1 • Shoulder Dystocia — Gail Hart  
E2 • Pain to Power Childbirth — Debra Pascali-Bonaro  
E3 • Evidence-based Midwifery — Tine Greve  
E4 • Posterior Arrest — Elizabeth Davis  
1:30 pm – 3:00 pm • Concurrent sessions F1 through F4  
F1 • Maximizing Midwifery — Johanna Honkanen  
F2 • The Role of Story in Midwifery and Birth — Mavis Kirkham  
F3 • Caring for VBAC Women — Vijaya Krishnan  
F4 • Breech Birth — Michel Odent

3:00 pm – 4:30 pm • General session  
International Issues and Techniques — Eneyda Spradlin-Ramos and Jan Tritten

4:30 pm – 6:00 pm • General session  
Tricks of the Trade — Eneyda Spradlin-Ramos and Jan Tritten, facilitators  
7:30 pm – 10:30 pm • Open to all registrants  
Summit Meeting — Eneyda Spradlin-Ramos and Jan Tritten, facilitators

Sunday | 3 November 2019 | Conference Day Three

9:00 am – 9:45 am • General session  
Wisdom from Decades of Practice — Gail Hart, Dianne Garland, and Mavis Kirkham  
9:45 am – 10:15 am • General session  
Setting a Respectful Stage, No Matter Where You Are — Sally Kelly and Johanna Honkanen  
10:30 am – 12:00 pm • Concurrent sessions G1 through G4  
G1 • Alternative Remedies for the Childbearing Year — Johanna Honkanen  
G2 • Second Stage Problems — Gail Hart and Tine Greve  
G3 • Lessons from Spinning Babies — Jennifer Walker  
G4 • How to Implement Rebozo in Your Birth Class — Thea van Tuyl

1:30 pm – 3:30 pm • General session  
Roundtables (choose three)—All teachers  
Posterior Babies | Complications of Birth | Complications of Pregnancy | Remembering Why We are Midwives and Doulas | Effects of Interventions | How to Use Your Expertise to Start a Consulting Practice | Tear Prevention | Memory Making in Loss | The First Hour After Birth | Language of Birth | Professional Accountability  
4:00 pm – 5:00 pm • Closing general session  
We Have Created a Better Future for Birth—Sally Kelly, Tine Greve, Eneyda Spradlin-Ramos, and Jan Tritten

For more information, including class descriptions, visit:  
[midwiferytoday.com/conference/belgium-conference-2019](http://midwiferytoday.com/conference/belgium-conference-2019)

Registration Form

You may also register online:  
[midwiferytoday.com/conference/belgium-conference-2019](http://midwiferytoday.com/conference/belgium-conference-2019)

Please print

Name	
Address	
City	State/Province
Postal Code	Country
Telephone	E-mail

- 1 What excites you about this conference? \_\_\_\_\_
- 2 How did you hear about this conference? \_\_\_\_\_
- 3 Do you give permission for Midwifery Today to release your name and address to fellow registrants? ☐ yes ☐ no
- 4 Please check off each day of the conference you will attend:  
☐ Wednesday—30 Oct. 2019 ☐ Thursday—31 Oct. 2019  
☐ Friday—1 Nov. 2019 ☐ Saturday—2 Nov. 2019  
☐ Sunday—3 Nov. 2019
- 5 Please check off each class you will attend. Select one class from each set of concurrent sessions offered on the days you will attend. For example, if you will attend the conference on Friday, you need to select one class from C1 through C4 and also one class from D1 through D4.
- Wednesday, 30 October 2019—Pre-Conference  
9:00 am – 5:00 pm ☐ A1 ☐ A2 ☐ A3 ☐ A4 ☐ A5
- Thursday, 31 October 2019—Pre-Conference  
9:00 am – 5:00 pm ☐ B1 ☐ B2 ☐ B3 ☐ B4 ☐ B5
- Friday, 1 November 2019—Conference Day One  
1:00 pm – 2:30 pm ☐ C1 ☐ C2 ☐ C3 ☐ C4  
2:45 pm – 4:15 pm ☐ D1 ☐ D2 ☐ D3 ☐ D4
- Saturday, 2 November 2019—Conference Day Two  
10:30 am – 12:00 pm ☐ E1 ☐ E2 ☐ E3 ☐ E4  
1:30 pm – 3:00 pm ☐ F1 ☐ F2 ☐ F3 ☐ F4
- Sunday, 3 November 2019—Conference Day Three  
10:30 am – 12:00 pm ☐ G1 ☐ G2 ☐ G3 ☐ G4
- 6 Please indicate if you qualify for the following discount:  
☐ I qualify for the student discount: Full-time students who register for three or more days may deduct 20% from the conference registration price. You must submit proof of full-time student status. Student discount does not apply to accommodation or subscription prices.



# Registration Form (continued)

## Conference registration prices:

Number of days	Postmark on or before 10 June 2019			Postmark on or before 12 August 2019			10 October 2019† (in office deadline)		
1 day	€130	\$140	£100*	€140	\$150	£105*	€150	\$160	£110*
2 days	€260	\$280	£200*	€280	\$300	£210*	€300	\$320	£220*
3 days	€345	\$375	£265*	€370	\$400	£280*	€395	\$425	£295*
4 days	€475	\$515	£365*	€510	\$550	£385*	€545	\$585	£405*
5 days	€520	\$560	£400*	€560	\$590	£420*	€600	\$620	£440*

†Walk-ins are welcome. Please contact Midwifery Today for availability.

\*Sterling price for UK residents only.

### Conference price discounts:

Full-time student—20% (Does not apply to subscription or room and meal prices.)

### 1 year subscription prices:

U.S.—\$55 • Canada—\$72 • Int'l—€70; \$80; £65

### Room prices (breakfast, lunch, and dinner included):

Shared room per person per night (with 1–5 others†): €88; \$105; £80

Single occupancy room per night: €103; \$123; £95

Surcharge per room for one night stay: €6; \$8; £6

†Most of the rooms are doubles.

### If we will be staying at Duinse Polders these nights:

☐ Tuesday, 29 Oct. ☐ Wednesday, 30 Oct. ☐ Thursday, 31 Oct.

☐ Friday, 1 Nov. ☐ Saturday, 2 Nov. ☐ Sunday, 3 Nov.

If you would like to share a room with someone, please write their name(s) here: \_\_\_\_\_

(If no roommate is specified, a same-gender roommate will be randomly assigned.)

If you are booking for others besides yourself, please write their name(s) here: \_\_\_\_\_

(They will be roomed with you unless otherwise specified. Please include payment for your party in the table below on the shared room line.)

### Calculate your registration price:

Conference price from table above.....

20% student discount ..... ( )

Subscription price.....

Shared room price × nights staying × # of people.....

Single room price × nights staying.....

Surcharge for one night stay.....

**TOTAL**.....

Payment: ☐ Bank transfer in euros ☐ Bank transfer in sterling ☐ Check in U.S. dollars

☐ Check in sterling ☐ Visa† ☐ MasterCard†

†Credit cards will be charged in U.S. dollars at listed U.S. prices.

Total amount to be charged to your credit card in U.S. dollars \$	
Account Number	Exp. date
Name (as it appears on the credit card)	
Billing Address (as it appears on the credit card bill)	
Signature	

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midwiferytoday.com • conference@midwiferytoday.com

## Payment and Refund Policies

**Payment by check:** If you pay by check or money order, make it payable to Midwifery Today. Payment may be made in sterling, euros, or U.S. dollars.

### Payment by bank transfer using euro prices from table:

Midwifery Today, Inc., account at:

HSBC Bank plc, 60 Queen Victoria St, London, EC4N 4TR England

Account number: GB62 HBUK 4012 7657 1644 96

BIC code: HBUKGB4B

### Important: Include registrant name(s) with funds transfer.

Note: The sender is responsible for any bank fees charged for the transfer.

### Payment by bank transfer in sterling:

Please e-mail admin@midwiferytoday.com for details.

**Payment by credit card:** All credit cards will be charged in U.S. dollars at the listed U.S. prices. We cannot make any guarantee of exchange rate. All fees for fund conversion are the responsibility of the payer.

**Refunds:** No refunds of conference registration fees will be given after **2 September 2019**. A processing fee equal to 30% of the amount paid will be deducted from any refund given on or before this date.

## How to Determine Conference Prices

- Look up your price in the table on the attached registration form. Prices are listed in U.S. dollars, euros, and sterling. **\*Sterling price for UK residents only.**
- Conference prices do not include meals, transportation, or overnight accommodations. Separate fees for accommodations and meals are also listed on the registration form.
- By registering early, you become eligible for reduced conference prices. The early registration deadlines are **10 June 2019** and **12 August 2019** (see table above for prices). Payment must be made by the deadline.
- Conference prices are determined by the postmark date on your registration. If you register by telephone, fax, e-mail, or online, the postmark date will be deemed the date that Midwifery Today receives your communication.
- Full-time students who register for **three or more days** of the conference are eligible for a conference price discount of 20%.
- Conference walk-in registrants pay the price listed for **10 October 2019** (see table). Class space may be limited, so please contact Midwifery Today before you arrive.

## How to Submit Registration and Payment

- For online registration:  
[midwiferytoday.com/conference/belgium-conference-2019](http://midwiferytoday.com/conference/belgium-conference-2019)
- You may mail this form with your payment in sterling, euros, or U.S. dollars to Midwifery Today. If you pay by credit card or bank

For more information, visit: [midwiferytoday.com](http://midwiferytoday.com)